

# *Villa Maria Lifetimes*

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### **Mission Statement:**

“Villa Maria inspired by the Sisters of Mary of the Presentation, serves those in our care with respect and compassion as we strive to fulfill the healing mission of Jesus.”



## ***It was a beautiful day for a Picnic...***



## **Villa celebrated its Annual Resident/Family Picnic on June 9<sup>th</sup>...**

(Check out the pictures throughout the newsletter)

## Upcoming Events

**July:**



- 8<sup>th</sup> Special Music: Brian - 2:00pm
- 12<sup>th</sup> Service of Remembrance - 11:30am
- 12<sup>th</sup> Special Music: Merrill Piepkorn - 2:00pm
- 14<sup>th</sup> Redhawks Outing - 12:30pm
- 19<sup>th</sup> Special Music: Tracy Alin - 11:15am
- 21<sup>st</sup> Air Museum Outing - 12:30pm
- 26<sup>th</sup> Big Top Bingo - 9:30am
- 28<sup>th</sup> Special Music:  
Slew Foot Family Band - 11:15 am
- 29<sup>th</sup> Monthly Birthday Party - 2:00pm  
Jerry Jacobson

**August:**

- 2<sup>nd</sup> Zoo Outing - 12:30pm
- 5<sup>th</sup> Special Music: Leo K - 2:00pm
- 9<sup>th</sup> Special Music: Steve K - 2:00pm
- 15<sup>th</sup> Special Music: Chuck Fox - 2:00pm
- 16<sup>th</sup> Special Music: Tracy Alin - 11:15am
- 26<sup>th</sup> Monthly Birthday Party - 2:00pm  
Rick Miller & Loretta
- 31<sup>st</sup> Special Music: Raw Sugar - 5:00pm

Watch activity calendar and television monitor outside the dining room for additional activities: DQ rides, grill outs, picnic at the park, movies,....



What a beautiful day.

## Ongoing Activities

- Bingo 2:00 (Tues, Sat)
- Card Bingo 2:00 (Fri, Sun)
- Catholic Mass 2:00 (Weds)
- Protestant Services 2:00 (Thurs)
- Communion Service 12:00 (Mon, Fri)
- Singing 11:15 (daily)
- Library Outreach 3:00 (2<sup>nd</sup> & 4<sup>th</sup> Weds)



Enjoying the weather



Family and fun!



**Chase Morlock #25 and Jeff Illies # 86 from the NDSU Bison football team stopped by the Villa.**



**Dennis, Leo, and John with Jeff and Chase.**



**Go green!!!**

**GO BISON!!!!**



**Olive enjoying the Bison visit.**



**Bison are number 1!!!**

### **Business Office**

**New Front Desk / Entryway Hours**

**Beginning July 18<sup>th</sup>, 2016**

**Our Front Desk and Front Entryway  
will be open:**

**8:00 AM – 7:30 PM Monday – Friday  
9:00 AM – 7:00 PM Saturday – Sunday**

**Feel free to visit at any time.**

**A phone-line to the nurse's station will  
be located in the vestibule to call for  
entry after hours**



## Did you know...

Child daycare planted their own garden.



Child daycare helped decorate Mike's office while he was in Florida.



Serving under the tent at the picnic.

## Dietary Department

Greetings from the Dietary Department! Summer and warm weather is finally here and we hope you're all getting enjoying it like we are!

We have just recently switched over to our summer menu. This means the residents have been enjoying all the fresh fruits and vegetables that this season brings us. The watermelon, strawberries, tomatoes and cucumbers have been some of our most popular items so far. We want to encourage all loved ones to feel free and bring in any special snack items they feel the residents would enjoy. We know that sometimes we are not able to provide some of these items.

We would also like to encourage everyone to stay hydrated during these summer months. On hot summer days it can be a challenge to get enough fluids. The dietary staff does their best at making sure the residents are getting enough water. Bedside water mugs are brought to resident's rooms daily to make sure their fluid intakes are at appropriate levels. At snack times, other beverages such as crystal light lemonade, juice, and milk are brought around. Hydration is important every day, but especially when the temperatures go up. Keep a close eye on your loved ones to make sure they stay hydrated and healthy.

And lastly, we would like to thank all those great people who have 'green- thumbs' that think of us when they have an abundance of fresh foods from their gardens. We really wish we could accept your donations but unfortunately at this time we are unable to do so because of state regulations. Again, thank you for thinking of our residents'.

Have a great Summer!

The Villa Maria Dietary Department

## Let's Take a Walk



We'd like to remind you to notify nursing staff if you bring in new shoes for your loved one. As you may know, your loved one may need time to "break in" their new shoes. Nursing will monitor your loved ones shoes/feet/toes during this time in order to ensure that there is no negative outcome related to ill-fitting shoes. Ill-fitting shoes pose a risk for your loved one to develop pressure ulcers. We want to try preventing any issues whenever possible. We thank you for your help with this matter.



Great music and company.



Peggy and Deacon kicking up their heels.

## Nursing Update

In an effort to better accommodate our residents, Villa Maria will be implementing a new process regarding some over the counter medications that your loved one may be taking. Several over the counter medication have a wide variety of formularies to choose from. Villa Maria will be now be using only one of these formularies for the following medications:

- Any Calcium/Vitamin D combination product
- Any Multivitamin/Multimineral combination product (age 50+)
- Any Multivitamin/Multimineral combination product (age < 50)
- Any Iron supplement
- Any Fish Oil product
- Any Glucosamine/Chondroitin combination product
- Any Eye Vitamin (not including areds formula)

Our Medical Director and other practitioners have agreed to this change.

Our pharmacy, Seip Drug, will be assisting Villa Maria with this transition. If you have any questions, please do not hesitate to ask.

## Memorial Ideas

We are in the process of planning for the following projects:

1. Redecorating North and South family/supportive care rooms.
2. Blessed Moment program... granting wishes to those residents who are dying.
3. Arbor outside of Garden/Game Room.

If you have questions or wish to contribute to one of the above projects, you can contact Vickie Ness or Felise Baer.



**Dorothy, our master gardener**

## Spiritual Corner

### **A time to Honor our Veterans**

At Villa Maria we are blessed to have the opportunity to offer two services each year (Memorial Day & Veterans Day) in honor and to honor the Veterans we have living at our facility. We have also been blessed with a wonderful working relationship with members of the Vietnam Veterans Association that lead, along-side of some of our own residents, these very special days of remembering.

To stand and remember and honor these wonderful men and women who took time out of their lives to join in the fight for freedom for all people. The sacrifices were many that they made. Leaving family, spouse and children and their civil career to give of themselves. To offer such a selfless act of service for the freedom, peace and protection of their brothers and sisters at home. We at Villa Maria feel very honored to be able to serve the needs of these men and women (averaging between 30 to 40 Veterans) who have given us so much of their lives. We extend our Love – Care – and Prayers to you and your families. May the Blessings of Our Almighty God bring you the peace of knowing you did your part, You served God and Man in the Ultimate Fight for Freedom.

**GOD BLESS ALL OF YOU --- GOD BLESS THIS GREAT COUNTRY --- GOD BLESS THE USA**



**Celebrating Father Kevin's 25<sup>th</sup> Anniversary**



**Sisters enjoying the picnic.**



*In Memory of Lorri Janca...*

*At gardeners Lament*

*Where are you dear little bees?*

*I really miss your happy song*

*Of buzz, buzz, buzz all day long*

*My trees and flowers cannot grow*

*And pretty little daisies all in a row*

*Where are you, pretty little bees?*

*Lorri Janca*



*At dark Day*

*Cranky clouds growled*

*across the sky*

*Which made me wonder why*

*To where they would continue to go.*

*Over fields flying so low*

*Stormy rain falling*

*Furious and fast*

*How long will this tempest last?*

*Until the sun will part*

*its dark ways*

*To make way for better days a*

*And the sun shine of its rays*

*Lorri Janca*

**Villa Maria**

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