

Villa Maria Lifetimes

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Villa Family Picnic

The Villa Maria Family Picnic will be Sept. 6th. from 4:00-5:30pm. Please RSVP at the front desk or call 293-7750 and inform them how many will be attending and a preferred time 4:15 or 4:45. Hope to see you there!



Villa Olympian

We are proud at the Villa to have a Olympian as a member of our Day club. John Noah represented the United States in the 1952 Oslo Olympics as a member of the Hockey team. The team won the silver medal. When asked the best part about being in the Olympics John replied without hesitation "Representing the United States"

Silent Auction

We will be having a silent auction fundraiser to raise money for blanket and towel warmers for the residents. Items will be available for bidding August 27th in the game and garden room, until Sept 6th at 5:30pm (the day of the family picnic). Please check out the baskets and support our residents. Happy bidding!



Volunteer!

Hello Villa Maria family and friends, my name is Heather Smith and I'm the new volunteer coordinator here at the Villa. I want to tell you

how important and appreciated volunteers are at our facility. Volunteering makes a difference not only in your life but the lives of others. Volunteering can be as simple as going on a medical escort with a resident, helping with bingo, assisting with church services, or doing one to one visits with a resident. No matter what your interests or time limitations are, there is a welcome place for you at Villa Maria!

Upcoming Activities

August 6th -10th Olympic week activities

August 14th Steve Krausher special entertainment

August 20th Inez Rath special music

August 21st Lisbon Gospel Trio

August 24th Monthly birthday party Leo Kiefer

September 6th Family Picnic 4:00-5:30

"I am only one, but still I am one. I cannot do everything, but still I can do something; And because I cannot do everything I will not refuse to do the something that I can do."

- Keller, Helen

Current volunteers needed:

- Medical escorts, on call basis
- Supportive care volunteers, on call basis
- Protestant Church service, Thursday afternoons
- Mail delivery, Thursday and Friday mid morning

Resident Rights

Did you know that as a resident of Villa Maria your loved one has the right to privacy and to receive visitors? At the Villa we have the game room and the garden room for small family gatherings. We also have the family rooms on each unit that can also be used for private conversations with your loved one. For more information or to reserve these rooms please contact your Casemanager.

Memory Walk

The Alzheimer's Memory Walk will be Saturday September 15th at Rendezvous Park, 3420 9th St. West Fargo. Registration is at 8:00am and at 9:00am the walk begins. To register to be a part of the Villa Memory walk team or to make a donation you can go online to: alz.org/walk

North Dakota Long Term Care Awards (NDLTCA)

The NDLTCA is the nonprofit trade associations representing long-term care facilities in North Dakota. The NDLTCA works with state and federal government agencies to advocate on behalf of long term care.

The Caregiver Award Program honors and recognizes individuals working in long term care who enhance the quality of life for residents in North Dakota. A panel reviews and ranks the candidates to be considered for the award.

This year the Villa Maria had the following caregivers nominated:

Michelle Carlson Nominated by Bernadine Jundt.

Michelle is such a caring and loving person. She is always able to answer any questions or address any concerns of the resident or their family.

Megan Flynn Nominated by Bernadine Jundt.

Megan shows great care and concern for residents. Her gentle touch and caring manner make residents feel loved and respected.

Sarah Hughes Nominated by Dennis Weinkauff

Sarah always has time to answer questions and help others. She always cheers my sister up.

Nancy Nathan Nominated by Mark Nelson

Nancy has made every effort to make my mothers' transition to the nursing home as smooth and pleasant as possible. She does special little things for residents.

We would like to thank all the residents and family members who took the time to recognize the commitment and compassion of our caregivers. You can nominate someone throughout the year forms are available at the Villa

Dear Friends and Families,

At Villa Maria we continually strive to improve the quality of life for our residents and improve our environment. One way we are doing this is to eliminate the noisy alarms used in the building. A Quality Improvement team made up of employees from all departments has been working on this project.

Current literature indicates that alarms do not decrease falls. Alarms are reactive, rather than proactive, since they only indicate if a resident has moved or already has fallen. In addition, the noise from the alarms not only annoys the individual resident, but those around them, and can even lead to increased agitation. The Center for Medicare and Medicaid service (CMS) has set a goal to reduce/eliminate the use of bed and chair alarms. This is also a goal of the North Dakota Long Term Care Association. In a national review, CMS noted that some residents, in an effort to not set off their alarm, because they felt embarrassed to be the source of the alarm, sat as still as possible and this led to decreased mobility and strength. Several long-term care facilities in the state have been alarm free for at least a year and the statistics they shared indicate their falls actually were reduced after removing the noisy alarms.

Although falls will still occasionally happen, many alternative interventions have been implemented to reduce or prevent injuries. For example, you may see beds positioned low to the floor or a floor mat beside a bed. We have educated the staff on our active fall prevention program. This program helps us to determine risk and encourages safe prevention techniques. We have enhanced use of activities in common areas and specific to at risk residents. Those residents most at risk will be indicated by a discreet leaf motif on their room nameplates, in the dining room and on their adaptive equipment.



The elimination of noisy alarms will create a more friendly and restful environment for our residents and visitors. Our goals are to have less agitation and less anxiety for residents, and to create an overall better environment for all individuals.

We are so appreciative of the families and friends of Villa Maria who help us to continually strive to make Villa Maria a better place to live. Please contact your case-manager or unit manager if you have questions or other comments.

Sincerely,

Deb Gravalin,
Director of Quality and Learning

The 50's Sock Hop featuring The Valley Vintage Car Show



Pinnacle Phone Survey

In our ongoing commitment to focus on customer satisfaction your feedback is very important to us. We have partnered with a company that periodically contacts our clients and interviews them regarding their impression of our service. We use this feedback as a tool to continually improve our quality of care and enhance our relationships with our clients.

The company conducting this service is Pinnacle Quality Insight. When you are contacted by them they will always identify themselves specifically, and that they are from Pinnacle Quality Insight. Pinnacle Quality Insight exclusively conducts customer satisfaction feedback surveys for the health care industry. All state and federal confidentiality laws are met in Pinnacle's service.

We greatly value your opinions and encourage you to be frank and honest when contacted. Please be assured that the information you share will be used to improve our overall quality of service, strengthen our commitment to customer satisfaction and enhance your experience with us.





Villa Maria
3102 University Dr S
Fargo ND 58103

If you would like to be removed from this mailing please call 293-7750